

# BALSAM FARMS

2019 CSA – Week 17  
September 12<sup>th</sup> – 14<sup>th</sup>

## **FARM STAND**

OPEN 7 days 9 – 6PM

4<sup>th</sup> of July to Labor Day 9 – 7PM

## **MONTAUK MARKET**

662 Montauk Highway

OPEN 7 days 9 – 7PM

## **CSA PICK-UP DAYS + TIMES**

Thursday 2 – 6PM

Friday and Saturday 12 – 4PM

*CSA questions:*

[info@balsamfarms.com](mailto:info@balsamfarms.com)

1 bag of baby kale

1 pint of green beans

1 bunch of turnips

3 pcs green zucchini

1 quart of tomatillos

1 red beefsteak tomato

1 yellow beefsteak tomato

optional bonuses:

6 ears of corn

1 head of lettuce

2 heirloom beefsteak tomatoes

2 habanero peppers

1 green kohlrabi

1 purple kohlrabi

# Recipe

## Turnip "Fries"

### **Ingredients** (Serves 4)

4 medium peeled trimmed turnips

¼ cup olive oil

¼ cup grated parmigiano-reggiano

2 pinches grated nutmeg

salt and freshly ground black pepper

Preheat oven to 450 degrees. Cut turnips into ½ inch sticks and toss in a bowl with oil, grated parmigiano-reggiano, nutmeg, and salt and pepper. Spread turnips out on an oiled sheet pan. Bake until golden, 18 to 20 minutes.

[www.balsamfarms.com](http://www.balsamfarms.com)