

# BALSAM FARMS

2019 CSA – Week 4

June 13 – June 15

## **FARM STAND**

OPEN 7 days 9 – 6PM

4<sup>th</sup> of July to Labor Day 9 – 7PM

## **MONTAUK MARKET**

662 Montauk Highway

OPEN 7 days 9 – 7PM

## **CSA PICK-UP DAYS + TIMES**

Thursday 2 – 6PM

Friday and Saturday 12 – 4PM

*CSA questions:*

[info@balsamfarms.com](mailto:info@balsamfarms.com)

1 pint of baby zucchini  
1 bag of mesclun  
1 head of iceberg lettuce  
1 bunch of garlic scapes  
1 bunch of radishes  
1 bunch of rapini  
1 bunch of tarragon

optional bonuses:

1 green zucchini  
1 yellow zucchini  
1 bag of swiss chard  
1 head of lettuce

# Recipe

## *Garlic Scape and Cannellini Bean Hummus*

### **Ingredients**

2 tbsp. lemon juice

2 tsp. ground cumin

5 garlic scapes, roughly chopped

15 oz. cannellini beans

pinch of cayenne

¼ C. olive oil

Kosher salt and freshly ground pepper, to taste

Combine lemon juice, cumin, garlic scapes, beans, and cayenne in the bowl of a small food processor and purée until smooth. With the motor running, slowly add olive oil. Season with salt and pepper.

[www.balsamfarms.com](http://www.balsamfarms.com)